



# Preventive Health and Health Services Block Grant Overview

Karissa Loper, MPH
Deputy Bureau Chief
Bureau of Child, Family and Community Wellness
(775) 684-2309 or kloper@health.nv.gov

## Federal Fiscal Year (FFY) '17 Preventive Health and Health Services Block Grant

• Timeline: October 1, 2016 – September 30, 2017 with an allowance to spend down FFY17 funds by September 30, 2018.

• FFY17 Nevada Allocation = \$608,558

- In process of completing activities in 7 domains, and planning has begun for the next FFY.
  - FFY18 Nevada Allocation = \$611,831

## 1. Chronic Disease Prevention and Health Promotion (CDPHP) Section Infrastructure & Capacity

#### **Activity 1: Chronic Disease Capacity**

 CDPHP Section provided professional development to internal staff through trainings on epidemiology, program planning, quality improvement, care coordination, payment reform, ACA, and program evaluation

#### **Activity 2: CDPHP Interns**

 CDPHP Section provided internship opportunities in the areas of health promotion, health policy with the legislature, health systems, and clinical linkages

#### **Activity 3: Public Health Accreditation Planning**

- Chronic Disease Director quarterly calls provided an opportunity to discuss work toward meeting quality improvement/accreditation standards
- Washoe County Health District (WCHD) effectively utilized resources across teams with their Division Directors and accreditation team
- Carson City Health and Human Services (CCHHS) held collaborative meetings with local representatives from healthcare, education, and social services

## 2. Community Health Workers (CHW)

#### **Activity 1: Community Health Worker Association**

- The Nevada Community Health Worker Association (NVCHWA) currently consists of one mentor, one project manager, and eight (8) volunteer members who make up the Board of Directors. These key members collaborate to ensure all funding deliverables are met and the Association becomes sustainable in Nevada.
- The goal is to create a central organization which will network, support, and advocate for CHWs in Nevada.

#### **Activity 2: Community Health Worker Program Evaluation**

- Collaboration with the Center for Program Evaluation at the University of Nevada, Reno (UNR) and Health Plan of Nevada to conduct a Return on Investment study (ROI) for CHWs. The purpose is to determine the success and impact CHWs have on providing cost effective care in the clinical setting.
- The CDPHP Section increased the number of Community Health Workers trained from 125 to <u>260</u>.

### 3. Diabetes

#### Activity 1: Establish Referral Between Clinical and Community Settings

- Clinical-community linkages related to pre-diabetes
- Integration of an electronic referral system into the Electronic Health Record (EHR)
- SNHD has met with Informatics staff who will be supporting implementation of the EHR at SNHD to confirm the feasibility of integrating referral capability into the EHR. They have confirmed that referral (including bi-directional) is feasible.

#### **Activity 2: Referral to Diabetes Self-Management**

- The Division of Clinical Services should review all intake forms, identify possible referral triggers, and develop recommendations.
- Within the CDPHP Diabetes Program, HealthInsight/HealtHIE Nevada has been working on the secure messaging application within EHRs to make referral to DSME and DPP providers.

### 4. Heart Disease and Stroke

#### **Activity 1: Heart Disease and Stroke Prevention Education**

- The Nevada Self-Monitoring Blood Pressure (NV-SMBP) Program was piloted from January to August 2016 in collaboration with Nevada Health Centers.
- Expanded the program using the CHWs working in the Mammovan for cancer screening, providing blood pressure cuffs, and education to at-risk populations

#### **Activity 2: Clinical Linkages for Hypertension**

- SNHD potentially adding clinical-community linkages for hypertension.
- Reviewing Clinical Services programs' patient data collection forms and identifying referral triggers to add to the new EHR. Associating the risk of hypertension with persons with diabetes.

## 5. Increase Physical Activity in Adults and Youth

#### **Activity 1: Media Campaign**

- CDPHP developed and executed a media campaign related to physical activity, worksite wellness, and obesity prevention. Specifically, this campaign was designed to:
  - Promote the NevadaWellness.org website to Nevada residents
  - Promote the Nevada School Wellness Policy to parents and school children
  - Encourage students to be role models of good nutrition habits and physical activity in their schools, possibly by becoming involved in the School Wellness Advisory Committees
- For Childhood Obesity Awareness Month (September 2016), a statewide media campaign ran to increase parents' and caretakers' awareness about childhood obesity.

### 6. Raising a Healthier Generation

#### **Activity 1: Obesity Prevention Training & Technical Assistance**

- Children's Advocacy Alliance (CAA) and CDPHP participated in public meetings regarding the NAC regulations.
- Six (6) Legislative Committee on Health Care meetings were attended by CAA, four (4) meetings specifically with child care licensing, and all public hearings regarding NAC were attended, CAA staff met with 23 legislators, four (4) workgroup meetings were conducted, six (6) additional meetings with key stakeholders were attended, and one panel presentation was given.

#### Activity 2: Early Childhood and Education (ECE) Obesity Prevention Workgroup

- The CDPHP Section, in partnership with CAA, maintains a statewide workgroup comprised of 16 individuals representing nine (9) agencies in Nevada.
- Four (4) meetings were held to strategize, develop, and finalize the Statewide Early Childhood Obesity Prevention Plan.

## 7. Healthy Relationship Education

#### **Activity 1: Educational Workshops for Young Adults**

- Train the Trainer educational workshops were provided to non-profit agencies in three urban communities: 37 participants
  - 19 community health nurses, 10 teens who identify as LGBTQ, 45 attendees from the Nevada Health Conference, 10 teens from the College of Western Nevada Teen Giving Circle, as well as 7 volunteers and staff attending a safety planning training for northern Nevada's Crisis Call Center.

#### Activity 2: Decrease incidents of sexual violence through relationship education

- Prevention education standards were developed by the statewide group quarterly meetings
- A compilation of existing national curricula on relationship abuse was finalized
- Staff attended three meetings of the Task Force on the Prevention of Child Sexual Abuse

## THANK YOU!

## QUESTIONS?

Please contact Jenni Bonk or Karissa Loper

jbonk@health.nv.gov; kloper@health.nv.gov